

Emscote Express

Issue 11, 8th March 2024



Dear parents and carers,

Welcome to Spring! It is lovely to see some of the flowers blooming now around the school site and we are looking forward to the warmer weather. Please do continue to send your child to school with a waterproof coat, so we can get outside, whatever the weather!

World Book Day on Thursday was an opportunity for children to bring in a favourite book from home to share with their friends. It was lovely to see the children either in their home clothes, or dressed up as favourite book character.

Thank you to everyone who donated books to the World Book Day book swap (and sale) all monies raised are donations to the PTA to support projects within our schools. Excess books are going to be distributed to classes and within our school library.

Our first Mother's Day afternoon tea for 2024 has been a huge success and we look forward to welcoming more families next week.

A big well done to Chestnut and Oak classes who shared their learning through assemblies this week. A fantastic display of the knowledge that has been acquired and the fun that the children have been having on their journey. Thank you to the Year One team for their efforts in preparing these assemblies with the children.

Thank you

We would like to say a huge thank you to Dawn at Muddy Paws Walks and Pet Service. Dawn (Miss Mansell's mum) was kind enough to donate some wonderful equipment to Gardening Club.

Muddy Paws Walks and Pet Service. Dawn - 07592 071688



Illness reminder

If your child has had a period of vomiting and or diarrhoea, you must keep them away from school for 48 hours from the last episode of illness. This helps to protect everyone, thank you. If you are unsure if your child is well enough to come to school, this is a useful tool.

<https://www.nhs.uk/live-well/is-my-child-too-ill-for-school/>

Have a lovely weekend

Mrs Nicol

Dates for the Diary 2024

Mon 11th March	Mother's Day Afternoon Tea	Spaces still available for Mon 11th March. Please book via the SHOP at www.eduspot.co.uk
Mon 11th - 22nd March	Sustrans Big Walk and Wheel	More info in newsletter
Tues 12th March	PTA Disco for reception, year 1 and year 2	https://www.pta-events.co.uk/emscoteandallsaintspta/index.cfm?event=event&eventId=77572
Wed 13th March	Year 1 Trip to Gurdwara Sikh Temple	We have decided that the trip to the Gurdwara will not be taking place for Year 1. This is a trip that happens in Year 4 at All Saints and we feel that the children would get more out of it at this time. Instead we will be having a guest speaker in and doing some role play experiences to explore what happens in a Sikh Temple.
Wed 13th March	Reception year trip to St John's Museum	More info to follow
Thurs 14th March	Easter Service at All Saints' Church	Parents Welcome
Fri 15th March	Red Nose Day	Non uniform and optional silly hair day. £1 suggested donation to Comic Relief
Mon 18th March	Book Sharing	Parents are invited to look through their children's books in the classroom from 2.30pm
Tues 19th March	Phonics Meeting for Year 1 Parents	6pm in the school hall
Wed 20th March	Maple Class Sharing Assembly	Parents welcome to join us in the school hall from 9am
Fri 22nd March	Sycamore Class Sharing Assembly	Parents welcome to join us in the school hall from 9am
Fri 22nd March	Reception Year Easter Craft Day	Timings TBC - parents welcome to join
Mon 25th March – Fri 5th April	Easter Holidays	
Mon 8th April	Children return to school	
Mon 15th April	Reception year trip to Ryton Pools	More info to follow
Tues 30th April	Year 1 trip to Mary Arden's Farm	More info to follow
Mon 6th May	Bank Holiday	
Wed 8th May	Class Photos	
Mon 27th – Fri 31st May	May Half Term Holiday	
Mon 3rd June	Inset Day	
Tues 4th June	Children return to school	
Wed 10th July	Transition Day	Children spend the day in their new year groups/ schools
Fri 19th July	Break up for the Summer Holidays	

BookTrust Newsletter

Discover author interviews, book recommendations, reading tips, fun activities and thoughts on everything to do with children's books in our features!

<https://www.booktrust.org.uk/>



Welcome to Connect for Health's March health and well-being update

This month you can celebrate the power of reading this world book day. Whether you're a parent/carer or an educator, this is the perfect opportunity to encourage children and young people to read.

[Download Newsletter](#)



Holiday Activities at Market Hall Museum, Warwick

<https://heritage.warwickshire.gov.uk/events?location=6&period=full&filterList=Go>

Parental Resources

SSS Learning recognise that as primary carers, parents and guardians have an important part to play in keeping their children safe. To support them in doing this we have created a range of free resources which you can make available via a link on your school website.

<https://ssslearning.co.uk/parentsandguardians>

Warwickshire Music Spring Term Newsletter 2024

https://www.warwickshiremusic.org/cms/pages/files/wm_spring_term_1705669079.pdf

A MIND OF THEIR OWN - a great event for parents/carers and anyone working with children about building your child's emotional wellbeing

In an anxious and confusing world, this event will give parents, carers, and anyone working with young people, practical and preventative tools to help your children build strong emotional resilience and healthy mental wellbeing.

<https://www.careforthefamily.org.uk/events/tourevents/a-mind-of-their-own/>

Lambing & Animals Weekend 2024 at Moreton Morrell College, CV35 9BP

Sat 20 Apr 2024 10:30 AM - Sun 21 Apr 2024

Our annual Lambing & Animals weekend is returning to Moreton Morrell College on Saturday 20th and Sunday 21 April 2024. Come along to see all of the newly born lambs at Nethermorton Farm, meet Farmer Dan, climb up on a tractor and find out how we look after our lambs and ewes. As well as the Farm, you can also visit our more exotic animals in our animal centre, we've got meerkats, raccoon dogs and lots of other cute characters. This year we will see our Farmer's Market returning with even more stalls, lots of local produce and gifts for all the family. We would love you all to join us again in 2024, therefore we have kept our ticket prices the same as last year. The money made from ticket sales goes directly back into Moreton Morrell College.



Dear Parents/Carers,

We have some exciting news for you! We are taking part in the 15th year celebration of Sustrans Big Walk and Wheel, the UK's largest inter-school cycling, walking, wheeling and scooting challenge. The challenge runs from 11-22 March 2024. It's free to take part and we would love everyone to be involved.

What do you need to do?

Encourage your child(ren) to walk, scoot or cycle to school on as many days as possible during the event. If you usually drive to school, we would encourage you to park further away than you usually do so that your children can also feel that they are taking part by walking further than usual.

Including everyone

We want to make sure that everyone can get involved in Sustrans Big Walk and Wheel. We know it may be more difficult for some pupils to take part than others. If you want to discuss more about your child(ren)'s specific needs, please contact your child's class teacher and we will make sure to look into how your child(ren) can take part.

Why we are taking part

Sustrans Big Walk and Wheel is a great way to build physical activity in children's daily routine which is important for their physical health and mental wellbeing. Active school runs also help to reduce congestion and air pollution outside the school gate. [A 2021 YouGov study](#) showed nearly half of UK children worry about air pollution near their school. And that children thought active travel was the best way to bring down these pollution levels. Plus there are some great prizes to be won every day if we get enough children taking part!

Useful resources

To help you prepare, Sustrans has developed a handy free guide to walking, cycling or scooting to school. It is packed with advice to help you have hassle-free journey to school. Download your free family guide using this link: <https://www.sustrans.org.uk/sign-up-to-receive-your-free-school-run-guide/>

For more information about the event go to www.bigwalkandwheel.org.uk . Enjoy the challenge!

Best wishes,

Mrs Sutherland, Mrs Nicol and Mr Queralt

FREE SCHOOL MEALS



School meals are free for lots of families, check if you are eligible to apply!

So much more than lunch...

A free school meal:

- creates healthy eating habits
- improves learning and behaviour
- saves money and time
- helps schools get extra funding

Did you know that claiming free school meals means that your child will get access to free school holiday activities and food?



To find out more and for help to apply for free school meals, please contact: freemeals@warwickshire.gov.uk or call 01926 359189



Can I apply?

Your child could be eligible for free school meals if you get any of the following:

- Income Support or Jobseeker's Allowance
- Income-related Employment and Support Allowance
- Support from National Asylum Support Service (NASS)
- Guarantee Pension Credit
- Child Tax Credit (with no Working Tax Credit) with an annual income of no more than £16,190
- Working Tax Credit run-on - paid for four weeks after you stop qualifying for Working Tax Credit
- Universal Credit - If you apply on or after 1 April 2018 your household income must be less than £7,400 a year (after tax and not including any benefits you get)

You should still apply if your child is aged 4-7 and receives a universal free school meal

Find out more and apply at www.warwickshire.gov.uk/fsm



A vegan meal is available on request on days when (vg) is not shown as a choice on the menu.
All our fish is natural whole fillet and although great care has been taken to remove all bones, some may remain.



Weekly Menu

Week one

Warwickshire, Coventry: 18/09, 9/10
Oxfordshire: 18/09, 9/10
Leicestershire: 28/8, 18/09, 9/10

Choose a main meal...

MONDAY

Best of British Pork Sausages with Gravy and Creamy Mashed Potatoes

(v) Veggie Korma Curry with Wholegrain or White Rice - mild and creamy

On the side...
Vegetables of the Day

For dessert...
(v) Swirly Chocolate Mousse
(vg) Homemade Fruity Flapjack
(v) Yoghurt or Fresh Fruit

Choose a main meal...

TUESDAY

Homemade Cheesy Pasta with Peas, Bacon, and Freshly Baked Wholegrain Baguette

(v) Veggie Breakfast Pattie in a Bag with Oven Baked Potato Wedges

On the side...
Fresh Salad Choice...
Vegetables of the Day
Baked Beans

For dessert...
(v) Homemade Crispy Cornflake Cookie
(v) Yoghurt or Fresh Fruit

Choose a main meal... WEDNESDAY ROAST

WEDNESDAY

British Roast Chicken Joint or Fillet, Sage and Onion Stuffing and Gravy

(vg) Quorn Roast in Gravy with Sage and Onion Stuffing

Crispy Roast Potatoes

On the side...
Vegetables of the Day

For dessert...
(v) Homemade Chocolate and Orange Brownie
(v) Yoghurt or Fresh Fruit

Choose a main meal...

THURSDAY

Homemade British Beef Bolognaise with Pasta and Garlic Bread

(v) Homemade Vegetable Burrito Bake with Crispy Diced Potatoes
Mild Mexican flavoured veggies and cheese, layered between soft tortillas

On the side...
Fresh Salad Choice
Vegetables of the Day

For dessert...
(vg) Homemade Strawberry Slice
(v) Yoghurt or Fresh Fruit

Choose a main meal... FISHY FRIDAY

FRIDAY

(msc) Harry Ramsden's Crispy Salmon and Sweet Potato Fishcake

(v) Homemade Cheese and Tomato Pizza

Chipped Potatoes

On the side...
Fresh Salad Choice
Peas or Baked Beans

For dessert...
(v) Cheddar Cheese, Crackers and Apple Wedges
(v) Ice Cream
(v) Yoghurt or Fresh Fruit

Week two

Warwickshire, Coventry: 4/9, 25/9, 16/10
Oxfordshire: 4/9, 25/9, 16/10
Leicestershire: 4/9, 25/9

Choose a main meal... MEAT FREE MONDAY

MONDAY

(vg) Quorn Dippers with Rainbow Rice and Sweet Chilli Dipping Sauce or Ketchup

(v) Homemade Mac 'n' Cheese with Freshly Baked Wholegrain Baguette

On the side...
Fresh Salad Choice
Vegetables of the Day

For dessert...
Chocolate Mousse with Fruit in Juice
(v) Homemade Cherry Cookie
(v) Yoghurt or Fresh Fruit

Choose a main meal...

TUESDAY

British Chicken Fillet in Wrap with Fresh Salad, Mayonnaise or Ketchup and Oven Baked Potato Wedges

(vg) Plant Power Meatballs with Noodles and a Sweet and Sour Sauce

On the side...
Fresh Salad Choice
Vegetables of the Day

For dessert...
(vg) Homemade Chocolate Shortbread
(v) Yoghurt or Fresh Fruit

Choose a main meal... WEDNESDAY ROAST

WEDNESDAY

British Roast Gammon Steak with Gravy

(vg) Quorn Roast with Gravy

Crispy Roast Potatoes

On the side...
Vegetables of the Day

For dessert...
(vg) Homemade Jam Tart
(v) Ice Cream Tub
(v) Yoghurt or Fresh Fruit

Choose a main meal...

THURSDAY

British Beef Grill Burger in a High Fibre Bun with Ketchup and Crispy Diced Potatoes

(vg) Veggie Burger in a High Fibre Bun with Ketchup and Crispy Diced Potatoes

On the side...
Fresh Salad Vegetable Sticks
Vegetables of the Day

For dessert...
(v) Homemade 'School Favourite' Sprinkles Sponge Cake
(v) Yoghurt or Fresh Fruit

Choose a main meal... FISHY FRIDAY

FRIDAY

(msc) Gluten Free Breaded Fish Fillet with Chipped Potatoes

(v) Jacket Potato with Cheese

On the side...
Fresh Salad Choice
Peas or Baked Beans

For dessert...
Jelly with Fruit
(v) Ice Cream
(v) Yoghurt or Fresh Fruit

Week three

Warwickshire, Coventry: 11/9, 2/10, 23/10
Oxfordshire: 11/9, 2/10
Leicestershire: 11/9, 2/10

Choose a main meal...

MONDAY

Gluten Free British Pork Meatballs in a Rustic Tomato Sauce with Pasta

(vg) Sticky Barbeque Quorn with Oven Baked Potato Wedges

On the side...
Fresh Salad Choice
Vegetables of the Day

For dessert...
(v) Fresh Homemade Chocolate Cracknel
(v) Yoghurt or Fresh Fruit

Choose a main meal...

TUESDAY

Chicken Korma Curry with Wholegrain or White Rice - mild and creamy

(v) Cheese and Tomato Pizza Wedge with Italian Herby Potatoes

On the side...
Fresh Salad Choice
Vegetables of the Day

For dessert...
(v) Swirly Strawberry Mousse
(vg) Homemade Orange Cookie
(v) Yoghurt or Fresh Fruit

Choose a main meal... WEDNESDAY ROAST

WEDNESDAY

British Roast Beef, with Traditional Yorkshire Pudding and Gravy

(v) Veggie Toad in the Hole with Gravy

Crispy Roast Potatoes

On the side...
Vegetables of the Day

For dessert...
(v) Homemade Fruit Crumble with Custard
(v) Yoghurt or Fresh Fruit

Choose a main meal...

THURSDAY

Homemade British Chicken Pie with Gravy and Creamy Mash

(vg) Breaded Vegetable Fingers and Crispy Diced Potatoes

On the side...
Vegetables of the Day
Baked Beans

For dessert...
(vg) Homemade Flapjack with Fresh Fruit Wedges
(v) Yoghurt or Fresh Fruit

Choose a main meal... FISHY FRIDAY

FRIDAY

(msc) Breaded Fish Fillet Fingers with Chipped Potatoes

(vg) Veggie Sausage Hot Dog with Ketchup and Chipped Potatoes

On the side...
Fresh Salad Choice
Peas or Baked Beans

For dessert...
(v) Dinky Doughnuts/Chocolate Sauce
(v) Ice Cream Tub
(v) Yoghurt or Fresh Fruit

Fruit Cordial or Fruity Water from the Hydration Station, Semi Skimmed Milk & Fresh Bread are also offered daily
Vegetable accompaniments change to reflect seasonal availability.

(vg) Vegan
(v) Vegetarian Option (h) Homemade
(msc) Certified Sustainable Seafood



Allergies
Please contact your school cook for information regarding the content of dishes and products on our menu.

Warwickshire School Term and Holiday Dates - 2023/24

M	T	W	T	F	S	S
Aug-23						
31	1	2	3	4	5	6
7	8	9	10	11	12	13
14	15	16	17	18	19	20
21	22	23	24	25	26	27
28	29	30	31			

M	T	W	T	F	S	S
Sep-23						
				1	2	3
4	5	6	7	8	9	10
11	12	13	14	15	16	17
18	19	20	21	22	23	24
25	26	27	28	29	30	

M	T	W	T	F	S	S
Oct-23						
						1
2	3	4	5	6	7	8
9	10	11	12	13	14	15
16	17	18	19	20	21	22
23	24	25	26	27	28	29
30	31					

M	T	W	T	F	S	S
Nov-23						
		1	2	3	4	5
6	7	8	9	10	11	12
13	14	15	16	17	18	19
20	21	22	23	24	25	26
27	28	29	30			

M	T	W	T	F	S	S
Dec-23						
				1	2	3
4	5	6	7	8	9	10
11	12	13	14	15	16	17
18	19	20	21	22	23	24
25	26	27	28	29	30	31

M	T	W	T	F	S	S
Jan-24						
1	2	3	4	5	6	7
8	9	10	11	12	13	14
15	16	17	18	19	20	21
22	23	24	25	26	27	28
29	30	31				

M	T	W	T	F	S	S
Feb-24						
			1	2	3	4
5	6	7	8	9	10	11
12	13	14	15	16	17	18
19	20	21	22	23	24	25
26	27	28	29			

M	T	W	T	F	S	S
Mar-24						
				1	2	3
4	5	6	7	8	9	10
11	12	13	14	15	16	17
18	19	20	21	22	23	24
25	26	27	28	29	30	31

M	T	W	T	F	S	S
Apr-24						
1	2	3	4	5	6	7
8	9	10	11	12	13	14
15	16	17	18	19	20	21
22	23	24	25	26	27	28
29	30					

M	T	W	T	F	S	S
May-24						
		1	2	3	4	5
6	7	8	9	10	11	12
13	14	15	16	17	18	19
20	21	22	23	24	25	26
27	28	29	30	31		

M	T	W	T	F	S	S
Jun-24						
					1	2
3	4	5	6	7	8	9
10	11	12	13	14	15	16
17	18	19	20	21	22	23
24	25	26	27	28	29	30

M	T	W	T	F	S	S
Jul-24						
1	2	3	4	5	6	7
8	9	10	11	12	13	14
15	16	17	18	19	20	21
22	23	24	25	26	27	28
29	30	31				

M	T	W	T	F	S	S
Aug-24						
		1	2	3	4	
5	6	7	8	9	10	11
12	13	14	15	16	17	18
19	20	21	22	23	24	25
26	27	28	29	30	31	

M	T	W	T	F	S	S
Sep-24						
						1
2	3	4	5	6	7	8
9	10	11	12	13	14	15
16	17	18	19	20	21	22
23	24	25	26	27	28	29
30						

Half Term	Days
1	41
2	35
3	25
4	25
5	34
6	35
Total	195

	Total days
Autumn Term	76
Spring Term	50
Summer Term	69

School Holiday
 Public Holiday
 Teacher Training Day (+3 to be set by school)

Secondary School Induction Day





Mental Health in Schools Team Tips For Wellness



Respect

Respect is important in our lives because it helps us develop a sense of self-worth and improves our general wellbeing. This in turn will enable us to develop healthy relationships with others.

If we look at Maslow's hierarchy of needs, respect is part of ensuring that we have high self-esteem. When you respect yourself, this enables you to be open to new opportunities that will help you reach your personal goals. If you feel confident in your own worth, you are more able to recognise when others are not treating you well. *Scan the QR code below to watch a video about Maslow's hierarchy of needs!*

Being kind and respecting others enables them to feel valued and can also make us feel better.

Our tips for respect:

1. Listen to each other's point of view and recognise that it is OK if you do not agree with someone else's opinion.
2. Try to keep discussions about the topic and not about the people who are sharing their views.
3. As a class, create an agreement and list the ways you would like to be respected by each other in school. You could all sign your name and pin this on the classroom door to remind you about how to be respectful!
4. In pairs/small groups, act out a role play to show how you can be respectful towards others. Remember, respect can be shown in lots of different ways so try and think outside the box!
5. Create a poster about how you can show respect outside of the classroom too. Think about what you could do at home and in the community.
6. Listen to the 'respect rap' by following the QR code and watching the video!



Maslow's
hierarchy of
needs



Respect
rap!

#ThanksKids recognises the efforts and kindness of children and young people, and thanks them with personalised #NHSStars certificates. If you know a child or young person that deserves recognition for going above and beyond, don't wait, nominate! thankskids@covwarkpt.nhs.uk.

MHST are available to support you and your school throughout the school year including term time and school holidays.

Please contact your school's Mental Health Lead for information and advice.



Mental Health in Schools Team Tips For Wellness



Resilience

"Resilience is the ability to cope with difficult events and situations that happen in our lives."

We can learn ways to make ourselves feel better when we feel that things are getting too difficult to manage. Our resilience can vary according to our age and experiences we have had.

Help your young person to make a Resilience Plan:

Ask your child to write down or discuss the following:

1. Things I am good at...
2. I feel proud when...
3. Today will be a good day because...
4. Things I can control...
5. Things I cannot control...
6. Things that will help me... *list some of the things that your child finds helpful for coping with difficult emotions*

Exam time can be a particularly tricky time for many young people.

Our tips to build resilience at exam time:

- Make a revision timetable
- Take regular revision breaks
- Find what works best for them e.g. revising alone or with a friend
- Ask your young person to list every person in their lives they can speak to for support.

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Mental Health in Schools Team Tips For Wellness



Gratitude

Gratitude is when we say 'thank you' for the good things in our life, no matter how big or small. There are lots of things we can feel grateful for, such as the way someone smiles at you, someone holding the door open for you, the important people in your life, a sunny morning, or having your favourite food for dinner.

Research has shown that practising gratitude can have positive effects on our mental health and wellbeing. Gratitude can also improve our relationships, social bonds and promotes a healthy brain with a positive mindset.

Our tips for gratitude:

1. **Create a gratitude jar** – find a jar and decorate it however you wish. Think of at least three things throughout your day that you are grateful for and write them down. Try to do this every day and fill up the jar!
2. **Create a class gratitude flower** – start by cutting out a circle and writing 'I am thankful for...' in the middle, this will form the centre of the flower. Each child should be given a piece of paper in the shape of a petal (children could colour in the petal themselves, or coloured paper can be used). Each child should write something they are grateful for on their petal. Then stick the petals to the centre of the flower and display it in the classroom!
3. **Journalling** – think back over the last week and write down something that you appreciated. Think about places you have been to, conversations you have had with people, and activities you have engaged in.
4. **Write thank you notes** for someone who has treated you with kindness this week. You could write a note and give it to them in person or write an email if they live further away!



*More tips for
practising
gratitude!*

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Easter family fun day

In aid of



myton hospice

All Saints church 12-30-4pm Sat 9th

March 2024

Vicarage field,

Warwick, CV34 5NJ

In aid of raising money for Myton hospice and St Paul's church (make lunch)



Charity raffle with prizes from local businesses. food and drink stalls, kids entertainment, craft stands, sweets. Visit from the Easter bunny and a bouncy castle, cakes and much much more.



WELCOME TO THE FAMILY INFORMATION SERVICE NEWSLETTER

SPECIAL EDITION



Welcome to the special edition of the Family Information Service newsletter. Please click here to view:

[FIS Newsletter](#)

We understand that a lot of families are worried about the impact of the increasing cost of living, and we know that many might struggle to make their incomes stretch to cover the basics. Visit the [Cost of Living website](#) to find information and support to manage increased household costs.

This month's special edition focuses on holiday activities in preparation for the Easter break. Read on to find information about activities in Warwickshire and the holiday activities and food (HAF) programme for those who are eligible for benefits-tested free school meals. <https://mailchi.mp/warwickshire/family-information-service-newsletter-1222532?e=381cb3651d>



Guide Dog Mum Volunteer Taster Day

**Guide Dogs National Centre (CV33 9QJ)
Sunday 17th March, 1.00 - 4.00pm.**

Meet our amazing guide dog mums, chat with our friendly staff and volunteers & find out more about how you can join this life changing team.

For more details, please contact:

VolunteerMidlands@guidedogs.org.uk



FACE it!



The CPD Standards Office
CPD PROVIDER: 22640
2024-2025
www.cpdstandards.org

Available to book now!

Approved CPD training for anyone who works with children or teenagers.

National Standards CPD accredited with certificate

Monday
18 March

19:00 - 21:00

£24



Autism: Improving Communication

Small changes can lead to huge improvements with your ability to communicate with someone on the spectrum.

Tuesday
19 March

19:00 - 21:00

£24



What is ACT?

An introduction to Acceptance and Commitment Therapy
A different approach to supporting Anxiety, Anger, OCD & Neurodiversity

Thursday
28 March

19:00 - 21:00

£24



Supporting a child with ADHD
challenging the stereotypes and giving practical advice

GOING FOR

GOLD

Holiday Bible Club

Tuesday 2 - Friday 5 April 2024

10 - 12:15pm

For Reception to Year 6

START

Join us for our free action-packed Holiday Bible Club filled with Bible stories, songs, quizzes and much more!

plus 6pm-7.30pm for our Friday Family Event (including food)

Sign up here: emmanuel-church.org.uk/holidaybibleclub

or for more info contact: admin@emmanuel-church.org.uk

Easter Skills & More Activity Camps!

brought to you by Skills and More - a Career Seekers' Direct (based in Hatfield) initiative



Calling all active 4 to 12 Year Olds!

Monday 25th to Thursday 28th March &
Tuesday 2nd to Thursday 5th April.
9 am to 4pm each day!
At Racing Club Warwick, CV34 6JP



There is no time to be bored this Easter with our wide range of activities including:

- Team building games
- Baking
- Arts and Crafts
- Sports and active games
- Drama
- Cinema

Only
£35
Per Day!
Incs
drinks & snacks

BOOK ONLINE TODAY



Payment required at least 24 hours before attendance

We cater for everyone's ability. With fantastic indoor and outdoor facilities, even if the weather is bad we have lots of indoor activities.



www.skillsandmore.co.uk

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League
Tables

WHY US?

1 DIVISIONS

Your child can settle in a division playing other children of the same ability.

3 SCORING

We score like proper tennis which will teach your child to understand tennis scoring.

2 MATCHES

We play matches because your child will hit the ball 10 times more than standard coaching. Your child can enjoy playing different people. Only by playing matches will your child improve more quickly.

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Playing with a sponge ball gets it over the net and makes rallying easier. Your child can hit harder and develop shots quicker.



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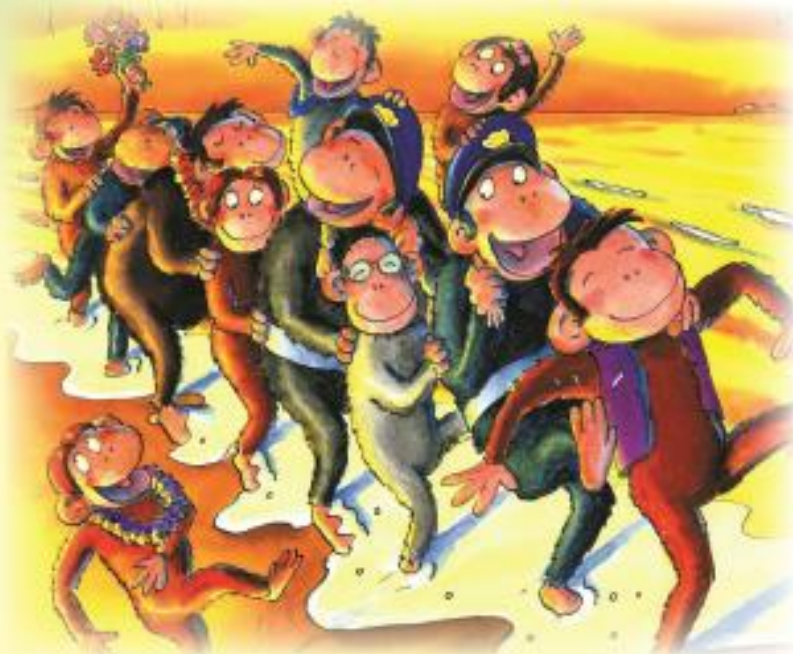
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CLUBS & CLASSES
P10



WHAT'S ON?
P20



COMPETITIONS
P30



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WINTER 2024

<https://magazines.raring2go.co.uk/southwarwickshire/winter2024/>

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SPECIAL OFFER

NETBALL FOR PRIMARY SCHOOL CHILDREN

**Brand new weekly netball sessions at Kenilworth School
for children aged Reception to Year 6.**

Launching in January 2024, our weekly netball sessions on a
Thursday evening are aimed at 4 to 11 year-olds.

Session 1 (Reception / Year 1/ Year 2 / Year 3) 6:00-6:45pm
Session 2 (Year 4 / Year 5 / Year 6) 6:00-7:00pm

First session for free, sign up now!



What parents say about Kid Squad:

"My daughter is having an amazing time with Kid Squad Warwickshire. She loves her netball training. Can't speak highly enough of the coaches, they are empowering the kids for sure. Highly recommended for anyone looking to start a journey in netball."

"This is such a fantastic club. My daughter is absolutely loving the training sessions and the league matches. Her technique, skills and confidence have improved significantly since joining and she has made some great and caring friends from the wonderful coaches."

"Kid Squad is the netball club that every primary-aged Kid needs in their life!"

"My daughter LOVES going to Kid Squad Warwickshire. Kid Squad is a fantastic introduction to netball for primary age school children - something that seemed to be lacking in typical girls team sports in the area. The sessions are run by coaches who are clearly passionate about netball and sport in general. A great opportunity for children to make friends, keep fit & agile, develop handy eye coordination skills, learn drills & new skills and play together as a team."

"This has been a fantastic group for my daughter to join. Learning netball skills, gaining confidence and playing with girls from all different schools. The coaches are fab, always developing them and making them feel special."

www.kidsquadwarwickshire.co.uk/Kenilworth

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& Coventry

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WARWICKSHIRE

PARENT CARER VOICE

JOIN YOUR LOCAL PARENT CARER FORUM

Are you a parent or carer of a child or young person aged 0-25 with special educational needs and/or disability (SEND)?



YOUR VIEWS AND EXPERIENCES MATTER

Warwickshire Parent Carer Voice is a **parent carer led organisation** working to ensure that every parent carer in Warwickshire feels that their views and experiences matter, and gets their voice heard to develop and improve services for children and young people with special educational needs and/or SEND.

We welcome any parent carer who lives (or uses services) in Warwickshire, with a child or young person (aged 0-25) regardless of their disabilities (no diagnosis necessary) to join us.

Tell us your experiences | Fill in our surveys | Join our meetings
Spread the word | Join us as a Member

Visit our website: www.warwickshireparentcarervoice.org
or email hello@warwickshireparentcarervoice.org for more information



WARWICKSHIRE

PARENT CARER VOICE

WHAT IS A PARENT CARER FORUM?

A parent carer forum is a group of parents and carers of disabled children. Their aim is to make sure the services in their area meet the needs of disabled children and their families. Warwickshire Parent Carer Voice is the recognised forum for Warwickshire. We are completely independent of Warwickshire County Council and the local health services.

WHAT DO PARENT CARER FORUMS DO?

We work with organisations that provide services for our families. We gather the views of local families and then work in partnership with local authorities, education settings, health providers and other providers to highlight where local services, processes and commissioners are working well, or challenge when changes or improvements need to be made.



Follow us on social media!
Facebook: [@Warksparentcarervoice](https://www.facebook.com/Warksparentcarervoice)
Twitter: [@WarkspCarerV](https://twitter.com/WarkspCarerV)

GET INVOLVED - YOUR VOICE IS KEY TO OUR SUCCESS!

Visit our website: www.warwickshireparentcarervoice.org
or email hello@warwickshireparentcarervoice.org for more information



Help to pay your household bills

Are you, or is anyone you know, struggling to pay energy bills?

If you or someone you know are struggling financially and unable to afford to pay their gas or electricity bill, please call the Local Welfare Scheme in confidence.

Call **0800 408 1448** between 4 and 22 April 2022.

www.warwickshire.gov.uk/localwelfarescheme



The Household Support Fund can help households in need of support



Do you need help to access food and manage your money?

www.warwickshire.gov.uk/facinghardship

Warwickshire Local Welfare Scheme

The Warwickshire Local Welfare Scheme helps the most vulnerable residents at times of unavoidable crisis when they have no other means of help.

It also administers the Household Support Fund, which provides one-off financial support for people in need as the country continues its recovery from the pandemic. It can help families with children, other vulnerable households and individuals facing hardship this winter, to ensure that they have the support they need to afford food, energy, water bills and associated costs. To enquire or apply call the Local Welfare Scheme.

Visit: www.warwickshire.gov.uk/localwelfarescheme
Call: **0800 408 1448**
or **01926 359182**

