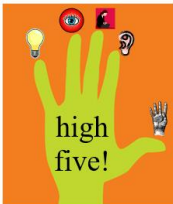


## Emscote Infant School- PSHE, RSE & British Values Overview Map

- PSHE lessons provide opportunities to deepen the key British Value themes: **Democracy, Rule of law, Individual Liberty, Mutual respect and Tolerance of different faiths and beliefs.**
- **We are a HeartSmart School with coverage underlined-** See LTP and MTP HeartSmart Overviews for more detail.
- We have implemented a **'Zones of Regulation'** curriculum to teach our children to identify emotions in themselves and others and provide them with bank of strategies to help regulate their emotions and improve their wellbeing.
- **Important days/events/ assemblies** are highlighted in green for whole school participation & increased awareness.
- We use **'Growing up with Yasmine and Tom'** to support the delivery of statutory Relationships and Sexual Health Education (RSE) at Emscote.
- We have introduced **'Milo's Money'** programme for KS1 to support teaching financial literacy as a curriculum focus.
- Learning opportunities are categorised into the three Core themes taken from the PSHE Association PoS: **Health and Wellbeing, Relationships, Living in the Wider World.**

	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
	<u>Get HeartSmart!</u> <b>Introduction</b> Making friends & learning routines	<u>Don't forget to let love in!</u> <b>Compassion</b> Forming positive relationships <i>Zones of Regulation</i>	<u>Too much selfie isn't healthy!</u> <b>Empathy</b> Changes <i>Zones of Regulation</i>	<u>Don't rub it in, rub it out!</u> <b>Forgiveness</b> Changes <i>Zones of Regulation</i>	<u>Fake is a mistake</u> <b>Honesty</b> Money matters <i>Zones of Regulation</i>	<u>'No way through', isn't true!</u> <b>Perseverance</b> Transition to KS1 and Yr 1
<b>Reception</b>	Jeans for Genes World Alzheimer's Day Hello Yellow Day	Children in Need Anti-Bullying Week Odd Sock Day Christmas Jumper Day	Children's Mental Health Week Safer Internet Day Online Safety Week	Comic/Sports Relief Get Active April National Skipping Day	Empathy Day Honesty Day	World Environment Day My Money Week
 Can you give a high five today?	<u>Personal, Social and emotional Development in Early Years</u> <ul style="list-style-type: none"> <li>• See themselves as a valuable individual.</li> <li>• Build constructive and respectful relationships.</li> <li>• Express their feelings and consider the feelings of others.</li> <li>• Show resilience and perseverance in the face of challenge.</li> <li>• Identify and moderate their own feelings socially and emotionally.</li> <li>• Think about the perspectives of others.</li> <li>• Manage their own needs. - Personal hygiene</li> <li>• Know and talk about the different factors that support their overall health and wellbeing: - regular physical activity, healthy eating, toothbrushing, sensible amounts of 'screen time', having a good sleep routine, being a safe pedestrian</li> </ul>		<u>Early Learning Goals</u> <u>Self-Regulation</u> <ul style="list-style-type: none"> <li>• Show an understanding of their own feelings and those of others, and begin to regulate their behaviour accordingly.</li> <li>• Set and work towards simple goals, being able to wait for what they want and control their immediate impulses when appropriate.</li> <li>• Give focused attention to what the teacher says, responding appropriately even when engaged in activity, and show an ability to follow instructions involving several ideas or actions.</li> </ul> <u>Managing Self</u> <ul style="list-style-type: none"> <li>• Be confident to try new activities and show independence, resilience and perseverance in the face of challenge. • Explain the reasons for rules, know right from wrong and try to behave accordingly.</li> </ul> Building Relationships • Manage their own basic hygiene and personal needs, including dressing, going to the toilet and understanding the importance of healthy food choices.			<u>'Protective Behaviours' Taking care' project</u> Feeling safe Physical responses to feelings To identify early warning signs <u>To identify people on my network</u> (covered every half term)
<b>Assemblies</b>	Harvest- Food Bank	Road Safety Fire safety	Growth Mindset (parents)	Dogs Trust	Canal safety	Sun safety Transition

	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
Year 1	Get HeartSmart! <b>Introduction</b> <i>Zones of Regulation</i>	Don't forget to let love in! <b>Compassion</b> <i>Zones of Regulation</i>	Too much selfie isn't healthy! <b>Empathy</b> <i>Zones of Regulation</i>	Don't rub it in, rub it out! <b>Forgiveness</b> <i>Zones of Regulation</i>	Fake is a mistake <b>Honesty</b> <i>Zones of Regulation</i>	'No way through', isn't true! <b>Perseverance</b> <i>Zones of Regulation</i>
	Jeans for Genes World Alzheimer's Day & Hello Yellow Day	Children in Need Anti-Bullying Week Odd Sock Day Christmas Jumper Day	Children's Mental Health Week Safer Internet Day Online Safety Week	Comic/Sports Relief Get Active April National Skipping Day	Empathy Honesty Day	World Environment Day My Money Week  Transition into Yr2- New beginnings and roles.
	<b>Me and my School</b> Class rules, laws that people follow, positive and negative feelings	<b>Me and my Relationships</b> Different types of families and faiths, teasing and bullying, working together and cooperating	<b>Me and my Safety</b> Safety in the home, online safety, road & fire safety/people who help us, emergencies	<b>Happy Healthy Me</b> The body, growing and change, keeping clean, healthy eating and lifestyle	<b>Me and other people</b> Groups and including others, girls/boys, families, similarities and difference in people	<b>Me in the World</b> Milo's Money- making choices with money, saving and spending, right and wrong
	<b>Protective Behaviours</b> Network Hand Rule of law Understanding our class rules. Mutual respect Respecting others' needs and behaviour. Listening to others and playing cooperatively. Democracy <b>International day of Democracy</b> Votes for school council & Eco club reps	<b>Protective Behaviours 'Taking care' project</b> Feeling safe Physical responses to feelings To identify early warning signs To identify people on my network Tolerance of those with different faiths & religions <b>Inter-Faith Week</b> Democracy <b>UK Parliament Week</b>	<b>Protective Behaviours</b> Network Hand  <b>ICT -Internet Safety and harms</b>	<b>Protective Behaviours</b> Network Hand  <b>Children's Dental health month</b>  <b>Eating Disorders awareness week</b>	<b>Protective Behaviours</b> Network Hand  <b>Growing up with Yasmine and Tom' RSE</b>  H21, H22, H23, H24, H25, H26, H27	<b>Protective Behaviours</b> Network Hand  Tolerance of different faiths and beliefs <b>School Diversity Week</b>
Assemblies	School Council Elections Harvest- Food Bank	Road Safety Fire safety	Growth Mindset (parents)	Dogs Trust	Canal safety	Sun safety Transition

	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
Year 2	<u>Get HeartSmart!</u> <b>Introduction</b> <i>Zones of Regulation</i>	<u>Don't forget to let love in!</u> <b>Compassion</b> <i>Zones of Regulation</i>	<u>Too much selfie isn't healthy!</u> <b>Empathy</b> <i>Zones of Regulation</i>	<u>Don't rub it in, rub it out!</u> <b>Forgiveness</b> <i>Zones of Regulation</i>	<u>Fake is a mistake</u> <b>Honesty</b> <i>Zones of Regulation</i>	<u>'No way through', isn't true!</u> <b>Perseverance</b> <i>Zones of Regulation</i>
	Jeans for Genes World Alzheimer's Day & Hello Yellow Day	Children in Need Anti-Bullying Week Odd Sock Day Christmas Jumper Day	Children's Mental Health Week Safer Internet Day Online Safety Week	Comic/Sports Relief Get Active April National Skipping Day	Empathy Honesty Day	World Environment Day My Money Week Transition to KS2 All Saints Junior School
	<b>Healthy World-Healthy Me</b> Keeping active, eating a balanced diet, finding out where our food comes from. How we can look after our world to make it a 'healthier' place to live.		<b>ICT -Internet Safety and harms</b>	<b>Milo's Money- To understand the importance of money</b>	<b>How can we care for others?</b> Compare us with Sierra Leone <b>One World link</b>	<b>'Growing up with Yasmine and Tom' RSE</b> H21, H22, H23, H24, H25, H26, H27
	<b>Protective Behaviours</b> Network Hand  <b>Rule of law</b> New class/group rules and expectations and why they are important. <b>Mutual respect</b> Respecting own and others' rights and needs and privacy. <b>Democracy</b> Votes for class school council & Eco club reps	<b>Protective Behaviours</b> Network Hand  <b>Tolerance of those with different faiths &amp; religions</b> <b>Inter-Faith Week</b>  <b>Democracy</b> <b>UK Parliament Week</b> Children can use election and debating skills to resolve issues.	<b>Protective Behaviours</b> <b>'Taking care' project</b> <b>Feeling safe</b> <b>Physical responses to feelings</b> <b>To identify early warning signs</b> <b>To identify people on my network</b>	<b>Protective Behaviours</b> Network Hand  <b>Children's Dental health month</b>  <b>Eating Disorders awareness week</b>	<b>Protective Behaviours</b> Network Hand  <b>Individual Liberty</b> <b>Honesty Day</b>	<b>Protective Behaviours</b> Network Hand  <b>Tolerance of different faiths and beliefs</b> <b>School Diversity Week</b> <b>Celebrating difference, different families and cultures</b>
Assemblies	School Council Elections Harvest- Food Bank	Road Safety Fire safety	Growth Mindset (parents)	Dogs Trust	Canal safety	Sun safety Transition