

Emscote Express

Issue 1, 13th September 2024



Welcome back to all our wonderful families as we embark on an exciting new academic year at Emscote Infant School. It's a pleasure to see familiar faces returning and to extend a warm welcome to our new Reception children who have been settling in beautifully during their half days. We're thrilled that they'll be joining us full-time from next week, fully embracing life at Emscote.

As we settle into our routines, we've been reinforcing our 'Wonderful Walking' initiative throughout the school. This encourages our pupils to move calmly and considerately around the building, creating a peaceful and respectful environment for everyone.

With the start of a new year comes some changes to our staff team. We bid a fond farewell to Miss Hewitt and Miss Clarke, who have both decided to pursue new opportunities. We wish them the very best in their future endeavours. At the same time, we're delighted to welcome Mrs Ande to our teaching assistant team and Mrs Groves as our new assistant SENDCo. They bring fresh energy and expertise to our school community.

Our pupils have hit the ground running, familiarising themselves with class and school routines and diving enthusiastically into their curriculum. It's wonderful to see such engagement and curiosity from the outset.

This week, we were pleased to offer Year 1 and 2 parents the opportunity to meet their child's teacher and learn about the exciting year ahead. For those unable to attend, rest assured that all the information shared will be sent electronically. If you have any questions arising from this, please don't hesitate to speak to your child's class teacher at the end of the school day or contact our office at admin2332@welearn365.com.

Looking ahead, we have some exciting events on the horizon. Next week, our Year 1 and 2 pupils will participate in School Council elections. If your child wishes to nominate themselves, they should prepare a short speech or presentation to share with their class. It's a wonderful opportunity for them to develop public speaking skills and engage in our school's democratic processes.

We're also looking forward to our Macmillan coffee morning on Friday, 27th September. This event not only brings our community together but also supports a very worthy cause. And don't forget, individual school photographs will be taken on Tuesday, 8th October - a perfect opportunity to capture your child's growth and development.

As we move forward into this new academic year, I'm filled with optimism for the wonderful experiences and learning opportunities that lie ahead. Thank you for your continued support and engagement with our school community.

Mrs Nicol
Head of School

Dates for the Diary 2024/5

Thurs 19th Sept	Flu Immunisations - all year groups	
Fri 27th Sept	McMillan Coffee Morning	McMillan Coffee Morning at Emscote. We look forward to parents joining us (children to remain in class) in the school after morning drop off.
Thurs 3rd Oct	School Census Day	The more meals served on this day, the more funding we receive. Please help us by choosing a hot dinner on census day
Tues 8th Oct	Individual school photos	
Thurs 10th Oct	Wear it Yellow for World Mental Health Day	No donation required. Children can come in their own clothes and wear something yellow
Tues 15th Oct	Parents Evening	More details to follow
Thurs 17th Oct	Parents Evening	More details to follow
Thurs 17th Oct	Harvest Festival Church Service	Parents welcome to join us for our church service after morning drop off. Donation for our local foodbank would be very welcome on the day.
Mon 21st Oct	Reception Year Phonics and Maths Afternoon	Parents are invited to join us at 1.30pm for a workshop to learn more about how we teach phonics and maths. You are then encouraged to stay and play before home time.
28th Oct - 1st Nov	Half Term	
Mon 4th Nov	Growth Mindset Meeting	Mr Queralt is holding a talk on how to help your child develop a 'growth mindset'. All are welcome, especially reception year and anyone new to the school. Please join us in the hall at 4.30pm.
Fri 8th Nov	Grandparents afternoon tea	More details to follow
Fri 15th Nov	Children in Need	More details to follow
Fri 22nd Nov	Inset Day	School closed to pupils
Mon 2nd Dec	Whole school trip to Warwick Arts Centre	Smeds and The Smoos Production - more details to be issued at a later

Wed 4th Dec	Reception Year Christmas Production	10am and 2pm - more details to follow
Tues 10th Dec	Year 2 Carol Service	Year 2 parents welcome to join us at All Saints' Church at 4pm
Wed 11th Dec	Year 1 Christmas Production	10am and 2pm - more details to follow
Mon 16th Dec	Book Share Afternoon	Parents welcome to join us before collecting children to have a look through their child's work
Wed 18th Dec	Christmas Jumper Day	Children can wear their christmas jumpers to school. £1 donation to Save the Children.
Fri 20th Dec	Last Day of Term	
Mon 6th Jan	Inset Day	
Tues 7th Jan	Children return to school	

School Timings

A reminder to all parents that the start of school is now 8.40. This is when the register is taken. Children arriving after this time are marked as late and minutes late are noted. The gate will be open at 8.35 each morning.

Being on time for school is very important. Often key skills such as literacy and numeracy are taught at the beginning of the school day and children who arrive late can miss important learning. In addition, late arriving children miss important information on what is happening during the day, which can leave them confused and distressed as they don't know what is going on.

Nut Free School

We are a NUT FREE SCHOOL. This is to ensure the safety of all children and staff with nut allergies. Please check all packaging carefully on food products that you send to school, including items such as chocolate spreads.



Growth Mindset Parent Meeting – Mon 4th November 4.30pm

Mr Queralt is holding a talk on how to help your child develop a 'growth mindset'. All are welcome, especially reception year and anyone new to the school.

What is a Growth Mindset?

Children with a **fixed mindset** believe that they are born with their intelligence and talent and it can't change... Children with a **growth mindset** believe that ability can change as a result of effort, perseverance, and practice. You might hear them say, "Maths is hard, but if I keep trying, I can get better at it."

Flu Immunisations

Children from reception, Year 1 and year 2 are able to receive their annual flu vaccination in school on Thursday 19th November. Vaccinating your child will help protect more vulnerable friends and family by preventing the spread of flu. The vaccination is a free, quick and simple spray up the nose. Please contact the Immunisation and Vaccination Team with any queries: Tel: 01926 353899 Email: SOUTHIMMS@covwarkpt.nhs.uk

PE Days

Please ensure your child comes to school dressed in PE Kit (plain white t-shirt, black shorts or joggers/leggings for colder weather, trainers and a school jumper) on the correct days. Please see below for a handy reminder of when each class has PE.

WILLOW – TUESDAY AND THURSDAY

CHERRY – TUESDAY AND FRIDAY

OAK – MONDAY AND WEDNESDAY

CHESTNUT – MONDAY AND WEDNESDAY

MAPLE – TUESDAY AND WEDNESDAY

SYCAMORE – TUESDAY AND WEDNESDAY



Eco and School Council Roles - Year 1 and 2

Last week in assembly Key Stage One discussed the importance of Pupil Voice and learned more about the roles of the School Council and Eco Council.

If your child would like to be a member of either council they should prepare a short speech or presentation to share with their class, explaining why they think they should represent their class and what they would like to achieve in the role, or on a relevant topic, such as an eco-issue.

Each class will vote for 2 children for each council, week beginning 16th September.



Macmillan Coffee Morning at Emscote

We look forward to welcoming you at Emscote for the annual Macmillan coffee morning on Friday 27th September. This will be an unticketed event and parents are welcome to join us in the hall after morning drop off will start after drop off (parents only, children will remain in class)

Donations of cakes and/or biscuits will be gratefully received - please send into Emscote either the day before or on the morning of the coffee morning. Donations can be made on the day or at

<https://coffee.macmillan.org.uk/about/what/>

Lunches

Children will continue to order their lunches from the school canteen. The children can choose between a meat or vegetarian option, so please ensure you have talked through the choices with your child so they know what to order. A copy of the menu for this academic year has already been emailed out but is also attached to this newsletter.



Register your child for School Milk

Parents can register safely online simply visit www.coolmilk.com and select 'register my child for school milk'. Children over (or approaching) age 5 can still enjoy their school milk for around £16 a term once their free entitlement ends.

Birthdays

We have a special Birthday tradition at Emscote! The children are allowed to wear their own clothes to school on their birthday. It means that everyone can wish them a Happy Birthday! If your child's birthday is at the weekend or during a holiday then they can wear their own clothes on the nearest Monday/Friday.

Parking/dropping off/collecting children

Please park carefully and be considerate to our neighbours when dropping off and collecting. Please avoid parking too near to the bridge, on grass areas and blocking driveways. We would also remind parents to turn off car engines whilst you are waiting for your children, thank you.

Please see below a reminder about wearing Jewellery in school:

- Jewellery (bangles, bracelets and chains) is not permitted, however a small watch may be worn (no smart watches please).
- Earrings: one pair of plain silver or gold studs may be worn.** Children are not allowed to wear jewellery during PE, therefore it is advisable to remove your child's earrings for the days they have PE.

Make Reading Fun!

We encourage all families to read with their children at least 4 times a week and to fill in their reading bookmarks. These will then be entered into our prize draw box and winners will be drawn out every half term. Reading is a great way to spend time with your children and research shows that exploring books has so many benefits for children as well as being lots of fun. For lots of advice and tips on how to encourage your child to read visit www.booktrust.org.uk

Communication

Please be aware that we will often make contact with parents/carers via text message and email. **Please ensure that you inform the office of changes to contact numbers and email addresses to that we can keep in touch.**

Email

If you wish to email school directly with any questions or to pass a message to a teacher please contact the office at admin2332@welearn365.com

School Uniform

Please visit www.gooddies.co.uk or <https://www.creativeembroiders.co.uk/> for all labelled school uniform orders.

No Phones Policy

We have a no phones policy in school and would like to extend this to our playground and school gates so that we can set a good example. Please can parents refrain from using mobile phones in the playground and around the school, especially when collecting their children. Thank you!

School Open Days/Tours

Traditionally we like to show any prospective parents our school on a one to one basis rather than offering an open day. Please let any family and friends know to contact the office at admin2332@welearn365.com to arrange a tour of the school.

Welcome to the Family Information Service Newsletter!

This week's Family Information Service newsletter includes information about: Parenting workshops and programmes, Get dancing with Warwickshire Libraries, Support to pay household bills and much more! The Family Information Service (FIS) supports families across Warwickshire with information and signposting. You can get in touch with the team by emailing fis@warwickshire.gov.uk, calling [0800 408 1558](tel:08004081558) or finding support on www.warwickshire.gov.uk/childrenandfamilies.

<https://us5.campaign-archive.com/?u=a24b439ef7022ae0d86f9ca6e&id=7632dd53c3>

After School Clubs

Please find below a reminder of afterschool clubs that we offer and the days that they run. Please can we ask that children are collected on time from the playground.

Autumn Term Afterschool Club Timetable 2024							
Day	Club	Time	Year Group	Provider/Teacher	Cost/Booking	Venue	Start Date
	Fiery Feet	3.10-4.10pm	Y1 and Y2	Fiery Feet	Book directly via Fiery Feet	Hall	w/c 9/9/24
Tuesday	Football	3.10-4.10pm	Y1 and Y2	Warwick School	www.eduspot.co.uk	Playground/Hall	w/c 9/9/24
	Arts and Crafts	3.10-4.10pm	Y1 and Y2	Miss Mansell	www.eduspot.co.uk	Holly	w/c 16/9/24
	Violin	11.30am onwards	Y1 and Y2	Warwickshire Music Hub	Book directly via Warwickshire Music Hub	Holly	w/c 9/9/24
Wednesday	Lego Club	3.10-4.10pm	Y1 and Y2	Miss Mansell	www.eduspot.co.uk	Apple	w/c 16/9/24
Wednesday	Tennis	3.10-4.10pm	Y1 and Y2	Coolsportz	Book directly via Coolsportz	Playground/Hall	w/c 9/9/24
Thursday	Choir	3.25-4.25pm	Y2	Mrs Hart	www.eduspot.co.uk	All Saints Junior School	19/09/2024
Thursday	Gardening Club	3.10-4.10pm	Y1 and Y2	Miss Mansell	www.eduspot.co.uk	Playground/Holly	w/c 16/9/24
Thursday	Mini Movers	3.10-4.10pm	Y1 and Y2	Jo Bartlett	https://the-mini-movers.classforkids.io	Playground/Hall	w/c 9/9/24

FREE SCHOOL MEAL ENTITLEMENT AND PUPIL PREMIUM REGISTRATION

Due to the current situation with COVID-19, we are aware that Parent and Carer's circumstances may have changed. Depending on your family/household income, your child may be eligible for **Free School Meals**. All children in Infant School receive a free hot meal at lunch-time, but this is a separate entitlement.

If your child qualifies for Free School Meals they will also receive **Pupil Premium funding**. This entitles your child to free or subsidised school trips, music lessons, school uniform and help to access after school clubs. Registering children for Free School Meals and subsequently Pupil Premium also enables the school to claim additional funding to improve resources for your child in school.

If you can answer yes to any of the following questions you may be eligible:

- Is your joint family **income** under £16,190 per year?
- Are you in receipt of any of the **benefits** listed below?
- Income Support
- Income-based Jobseekers Allowance
- Income-related Employment and Support Allowance
- Support from NASS (National Asylum Support Service) under part 6 of the Immigration and Asylum Act 1999
- the guarantee element of State Pension Credit
- Child Tax Credit (with no Working Tax Credit) with an annual income of no more than £16,190
- Working Tax Credit run-on
- Universal Credit.
- Are you or your partner a member of the **Armed Forces**?

All reception, year 1 and year 2 children in state-funded schools can have a free hot meal at lunchtime. This is known as 'Universal Entitlement'. If you think you are eligible for any of the criteria above we recommend that you still apply. This will mean that your child's school does not miss out on important funding. **It may also mean your child will continue to receive free meals after the end of year 2.**

If you think you are eligible then you can apply online at

<https://www.warwickshire.gov.uk/education-learning/apply-free-school-meals>



Resilience

Resilience is our ability to cope with difficult life events and bounce back afterwards. Someone who is resilient faces tough situations head-on, experiencing the difficult times and emotions. They process these challenging times by working through difficult emotions, building trust in themselves and their ability to cope through hard times.

Follow the QR code to hear young people talking about what resilience means to them:



Follow the QR code to hear an Olympic athlete talk about overcoming hurdles and developing self-belief:



Our tips for building resilience:

1. When faced with a difficult situation use the idea of the 'circle of control' to help you see what you can and cannot change. Try to focus on things that you can change and let go of the things outside your control.



Circle of control

2. When building resilience, our connections with others can play a key part in increasing confidence to keep going. Think about the people in your life who you could go to if things are feeling tough. Create a 'network hand' to help you identify trusted people in your life (one person for every finger). Can you take time today to talk with someone about a problem you are facing?

3. Self-care means doing things to look after ourselves and prioritising our mental and physical wellbeing. Can you think of activities that make you happy or relaxed? Some ideas include exercising, listening to music or being creative. Follow the QR code for other ideas:



Self-care plan

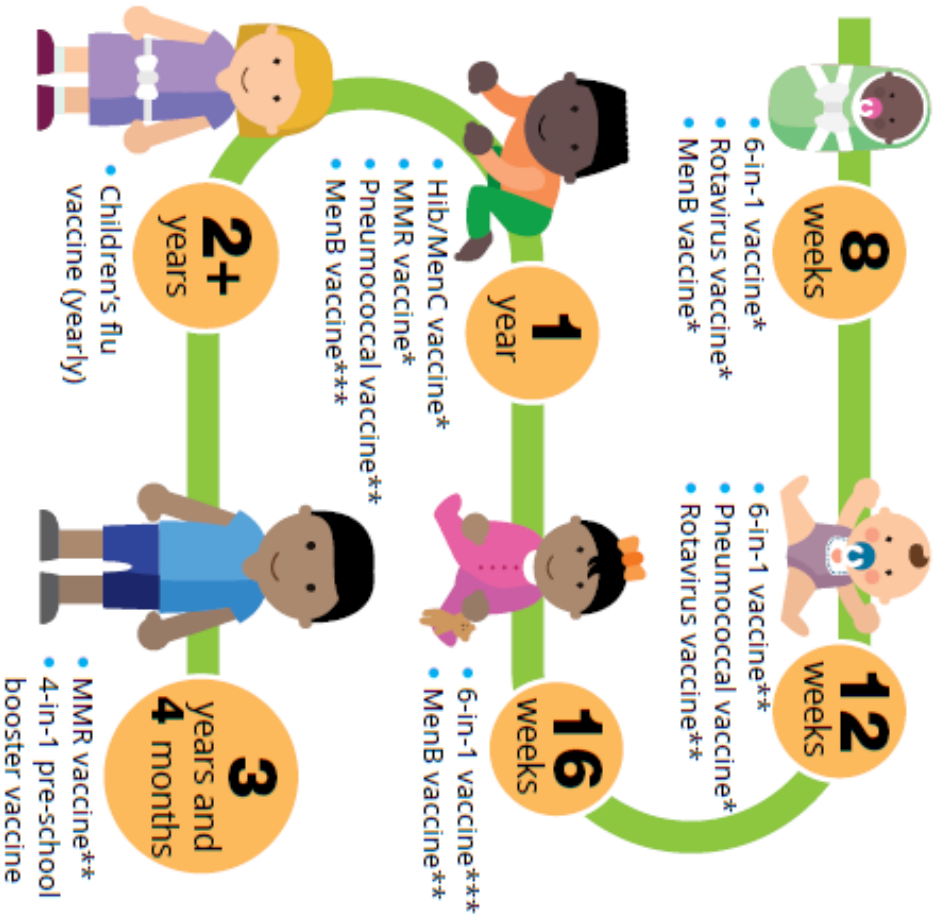
In Coventry and Warwickshire, for any urgent mental health concerns, contact the RISE Crisis Helpline available 24/7, by calling NHS 111. Alternatively, call 999 or visit A&E in an emergency, for example if medical attention is required.

MHST are available to support you and your school throughout the school year including term time and school holidays.

Please contact your school's Mental Health Lead for information and advice.



Your child's vaccine schedule



* first dose, **second dose, *** third dose
 6-in-1 protects against diphtheria, tetanus, whooping cough, polio, Hib and hepatitis B
 4-in-1 protects against diphtheria, tetanus, whooping cough and polio

Follow your child's vaccine schedule to protect them against illnesses

Stick this timeline up as a useful reminder



- Childhood illnesses like measles and whooping cough are rising
- These illnesses can make children very sick, leading to hospital stays or lifelong problems
- If your child is not vaccinated, they are not protected
- It's important that vaccines are given on time for the best protection. Some need booster doses later too
- Check your child's red book or speak to your GP practice to see if they have missed any
- You can still catch up on most missed vaccines
- All the childhood vaccinations are free. As children grow up, they will be offered more vaccine appointments, right up until they are teenagers. Some vaccines are offered at school
- Vaccinations offered by the NHS are thoroughly tested to assess how safe and effective they are. All medicines can cause side effects, but vaccines are among the very safest.
- Research from around the world shows that immunisation is the safest way to protect our children's health

Are your child's vaccines up to date?
 Book now at their GP practice

Places still available!!!

OFSTED
APPROVED



Address

The Contact Centre
(Behind All Saints Church)
All Saints Road Warwick
CV34 5NJ

Clubs every day

Painting club
Arts & craft club
Multi sports club
Karaoke club
Darts club
(Clubs do change termly)

Contact Us

<https://scallywagskids.co.uk>
info@scallywagskids.co.uk
07834241414
Call us to book for a visit

Activities

Varied, planned activities
to suit all ages and needs.
Large outside area and
use of Green.
Range of play equipment.

Before and after school

Breakfast Available from
7:30
Afternoon snack varied
with healthy options



Warwickshire Fire & Rescue Service

BONFIRE NIGHT COMPETITION 2024

WFRS invite you to design an original safety poster for Bonfire night

Your poster needs to be:

A4 size

Colourful and eye-catching

Giving safety advice to follow on Bonfire night

Name, age and school on back

A winner will be chosen from KS1, KS2, and KS3

Winners will receive a goody bag and have their poster design displayed in Warwickshire Fire Stations, on our social media posts and in schools across the County

CLOSING DATE FRIDAY 18TH OCTOBER

Please send all entries to:

Sara Beirne

Bedworth Fire Station

Park Road

Bedworth

CV12 8LB

or email entries to:

sarabeirne@warwickshire.gov.uk

GOOD LUCK!



WARWICKSHIRE
FIRE & RESCUE SERVICE

 **Connect
for Health**
Your school nursing service

https://www.compass-uk.org/wp-content/uploads/2024/09/C4H-Parent-Schools-Newsletter-September-2024_compressed.pdf

What's in this month's issue?

With the start of a new academic year, we've promoted the support which Connect for Health can offer, and how professionals and parents/carers can access our service.

September is host to lots of national awareness campaigns that are great topics to advocate in school and at home.

This issue features information about asthma control, children's eye tests and promoting physical activity.

For education professionals there is also information about our free RSHE Network that you can access for support with safeguarding and your PSHE curriculum.

VOLUNTEERS NEEDED!

**DO YOU HAVE PARENTING EXPERIENCE?
COULD YOU SPARE 1-2 HOURS A WEEK?
WE NEED YOUR HELP!**

**Next
volunteer
training
course
starting 16th
Sept 2024**

If you have parenting experience, can spare 1-2 hours each week and want to **make a meaningful difference to a young family in your community** who needs support, please get in touch to find out more. New course starting on the **16th September 2024**.

T: 07564 543 806

E: office@homestartsouthwarwickshire.org.uk



**South
Warwickshire**

www.homestartsouthwarwickshire.org.uk/volunteer

[Warwick School October Action Holiday Club](#)

- KINGSLEY SCHOOL
 - Kingsley Kookaburras - available for children in Years 2 to 7
- WARWICK SCHOOL
 - Pumpkins - available for children in Reception and Year 1
 - Fun Short Courses - available for children in Years 2 to 7
 - Super Choice – available for children in Years 2 to 7
 - Action Plus – available for 12-14 year olds

Please see below and follow the link to see what exciting activities we have on offer!

<https://www.warwickschool.org/october-action-2024>

FUN FOR FAMILIES



Please refer to our website for full terms and conditions

Box Office: 0333 666 3366 or online at stratlitfest.co.uk

Sat 26th October

10am-11.15am

Crowne Plaza Hotel

Sat 26th October

2pm

Crowne Plaza Hotel

The Enchanted Cinema

£10 (adults £5) | Age 4+



Imagine going to the cinema and becoming part of a pop-up orchestra that creates every single sound effect and the musical score! Using your voice, hands and playing a range of unusual, delightful and ingenious instruments, you'll join in to create sound effects to excerpts from the enchanting animation, *My Neighbour Totoro*. A magical experience for children and parents alike.

Sponsored by:

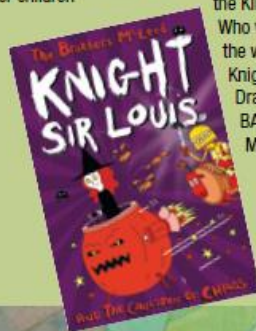


The Brothers McLeod Knight Sir Louis and the Cauldron of Chaos

£8 (adults £5) | Age 8+



Get ready to laugh your socks off at the fifth Knight Sir Louis adventure! A powerful magical object has been rediscovered: the Cauldron of Chaos. A scheming witch finds the cursed pot and plans to make her fortune with it, even if it means the end of the Kingdom of Squirrel Helm. Who will rescue the land from the witch's dodgy deals? Knight Sir Louis, of course! Draw along with the BAFTA-winning Brothers McLeod, Greg and Myles.



Sun 27th October

9.30am

Crowne Plaza Hotel

Julie Tatchell
and Amanda Middleditch
Bartie Bristle and Other Stories
£8 (adults £5) | Age 3+



Step into the magical world of Bartie Bristle and friends in this stunning treasury written by the Teddy Bear Ladies, Julie Tatchell and Amanda Middleditch, best known as stars of the BBC's *The Repair Shop*. Set in a village in the heart of the Old Woods, enter the magical world of the teddy bear shop and the heart-warming stories of Bartie and his teddy bear friends. Bring a teddy from home for a fun, interactive event.



Sun 27th October

10.15am-11.15am

Crowne Plaza Hotel

Christopher Edge
Black Hole Cinema Club
£8 (adults £5) | Age 8+



We welcome the award-winning author of *Escape Room* with another edge-of-your-seat adventure. When Lucas meets his friends at the local cinema - nicknamed 'The Black Hole' - they're excited about the movie marathon ahead. But as the lights go down, Lucas, Ash, Maya, Caitlin and Finn watch in disbelief as a jet-black tidal wave comes crashing out of the cinema screen and the five friends find themselves swept into an epic and perilous adventure. Can they save the day before the end credits roll? The fate of the world might just depend on it...



Sun 27th October

2pm - 4pm

Crowne Plaza Hotel

Halloween Craft
with Becci Books

£8 (adults Free) | Age 4-7



It's time for spooktacular Halloween craft, with pumpkins and ghosties galore! Make flying bats and witches' hats, with pom poms, pipe cleaners and more... All materials and instructions provided. Book your slot between 2pm and 3pm, or 3pm and 4pm.



Please refer to our website for full terms and conditions

Box Office: 0333 666 3366 or online at stratlitfest.co.uk



Information Sessions for Warwickshire Parents and Carers

Courses available online – via Zoom

<p>Understanding and Supporting Children and Young People with Emotionally Based School Avoidance Thursday 26th September 2024, 9:30 am to 11:30 am</p>
<p>Understanding Emotion Regulation in School Aged Children Thursday 10th October 2024, 9:30 am to 11:30 am</p>
<p>Understanding and Supporting Children aged 3-11 Years with Anxiety Thursday 24th October 2024, 9:30 am to 11:30 am</p>
<p>Understanding and Supporting Children Aged 12+ Years Anxiety Thursday 7th November 2024, 9:30 am to 11:30 am</p>
<p>Understanding and Supporting School Aged Children Who Self-harm Thursday 21st November 2024, 9:30 am to 11:30 am</p>
<p>Understanding Sensory Needs in School Aged Children Thursday 5th December 2024, 9:30 am to 11:30 am</p>
<p>Understanding Low Mood in Children and Young People Thursday 9th January 2025, 9:30 am to 11:30 am</p>
<p>Understanding Self-esteem in Children and Young People Thursday 10th April 2025, 9:30 am to 11:30 am</p>

Places on our sessions are subject to availability. To book your place please email risecomunityoffer@covwarkol.nhs.uk

Please note: the sessions are available for Warwickshire residents only.



Primary Mental Health

Warwickshire's Primary Mental Health Team is providing **FREE** Mental Health Awareness Workshops for professionals working with children and young people in the county.

These introductory workshops aim to raise awareness around key areas of child and adolescent mental health:

- ☀️ Eating Disorders
- ☀️ Mood
- ☀️ Attachment
- ☀️ Self-Harm
- ☀️ Challenging Behaviours
- ☀️ Self-Esteem

- ☀️ We also offer:
- ☀️ the Boomerang Resilience Programme
- ☀️ Staff Wellbeing training



Please note: Our workshops are often over-subscribed. If you cannot attend, please send a delegate in your place or notify us 48 hours before the start time, so we can offer your place to someone else.

There will be a charge of £40 for non-attendance at our workshops without prior notification.

Places on the workshops are subject to availability. To book your place on a workshop or to discuss a bespoke workshop, please email Coventry.RISEWork@covwarkol.nhs.uk

A vegan meal is available on request on days when (vg) is not shown as a choice on the menu.
 All our fish is natural whole fillet and although great care has been taken to remove all bones, some may remain.



Weekly Menu

Week one

Warwickshire, Coventry: 16/9, 7/10, 18/11, 9/12, 13/1/25, 3/2, 3/3, 24/3
 Oxfordshire: 16/9, 7/10, 18/11, 9/12, 13/1/25, 3/2, 3/3, 24/3

Choose a main meal... MONDAY

Pork Meatballs in Tomato Sauce with Noodles (G,E)
 (vg) Breaded Vegetable Fingers with Herby Diced Potatoes (G)

On the side...
 Fresh Salad Bar
 Vegetables of the Day

For dessert...
 (vg) (h) Lemon Shortbread (G)
 (v) Cheese Crackers and Apple Wedge (G,D)
 Fresh Fruit

Choose a main meal... TUESDAY

(h) Chicken and Country Vegetable Pie with Potato Wedges (G)
 (v) Cheese and Tomato Pizza Wedge with Potato Wedges (G,D)

On the side...
 Fresh Salad Bar
 Vegetables of the Day

For dessert...
 (v) (h) Chocolate Cracknel (G)
 (v) Yoghurt (D) or Fresh Fruit

Choose a main meal... WEDNESDAY ROAST

British Roast Beef, with Traditional Yorkshire Pudding and Gravy (D,E,G)
 (vg) Quorn Roast in Gravy with (v) Yorkshire Pudding (D,E,G)
 Crispy Roast Potatoes

On the side...
 Fresh Salad Bar
 Vegetables of the Day

For dessert...
 (v)(h) Syrup Sponge with Custard (D,G,E)
 (v) Ice Cream (D)
 Fresh Fruit

Choose a main meal... THURSDAY

Chicken Fillet Wrap and Sweetcorn Salsa Dip with Diced Potatoes (G)
 (v)(h) Mac 'n' cheese with Freshly Baked Crusty Bread (D,G)

On the side...
 Fresh Salad Bar
 Vegetables of the Day

For dessert...
 (v) Toffee Apple Donut (G,D,E,SB)
 (v) Yoghurt (D) or Fresh Fruit

Choose a main meal... FISHY FRIDAY

(msc) Battered Fish Fillet (G,F) with Chipped Potatoes
 (vg) Vegetarian Holdog with Chipped Potatoes (G)

On the side...
 Fresh Salad Bar
 Peas or Baked Beans

For dessert...
 (vg) Jelly with Fruit
 (v)(h) Crunch Cookie (G)
 (v) Yoghurt (D) or Fresh Fruit

Week two

Warwickshire, Coventry: 2/9, 23/9, 14/10, 4/11, 25/11, 16/12, 20/1/25, 10/2, 10/3, 3/3
 Oxfordshire: 2/9, 23/9, 14/10, 4/11, 25/11, 16/12, 20/1/25, 10/2, 10/3, 3/3

Choose a main meal... MONDAY

British Pork Sausages with Gravy & Mashed Potatoes (G,SU,SB)
 (v)(h) Cheese and Potato Pie served with Vegetables of the day (D,E)

On the side...
 Fresh Salad Bar
 Vegetables of the Day

For dessert...
 (vg)(h) Flapjack (G)
 (v) Yoghurt (D) or Fresh Fruit

Choose a main meal... TUESDAY

(h) British Beef Bolognese with Garlic Bread (G/cheese D)
 (vg) Veggie Plant burger in a High Fibre Bun with Crispy Diced Potatoes (G)

On the side...
 Fresh Salad Bar
 Vegetables of the Day

For dessert...
 (v) Strawberry Whip with Fruit (D)
 (v) Cheese Crackers and Apple Wedge (G,D)
 Fresh Fruit

Choose a main meal... WEDNESDAY ROAST

British Roast Chicken Fillet, Sage and Onion Stuffing and Gravy (G)
 (vg) Quorn Roast in Gravy with Sage and Onion Stuffing (G)
 Crispy Roast Potatoes

On the side...
 Fresh Salad Bar
 Vegetables of the Day

For dessert...
 (v)(h) Apple and Pear Crumble with Custard (G,D)
 (v) Ice Cream (D)
 Fresh Fruit

Choose a main meal... THURSDAY

(h) Italian Chicken Pasta (chicken and pasta in a tomato sauce) with Freshly Baked Wholegrain Baguette (G)
 (vg) Veggie Sausage with Herby Diced Potatoes

On the side...
 Fresh Salad Bar
 Vegetables of the Day

For dessert...
 (v)(h)UP Beet Chocolate Cake (G,E)
 (v) Yoghurt (D) or Fresh Fruit

Choose a main meal... FISHY FRIDAY

(msc) Salmon Fish Cake with Chipped Potatoes (G,F)
 (v)(h) Rustic Pizza Wedge with Chipped Potatoes (G,D,SB)

On the side...
 Fresh Salad Bar
 Peas or Baked Beans

For dessert...
 (v)(h) Ginger Cookie (G)
 (v) Jelly with Fruit
 (v) Yoghurt (D) or Fresh Fruit

Week three

Warwickshire, Coventry: 9/9, 30/9, 21/10, 11/11, 2/12, 21/12, 27/1, 24/2, 17/3, 7/4
 Oxfordshire: 9/9, 30/9, 21/10, 11/11, 2/12, 21/12, 27/1, 24/2, 17/3, 7/4

Choose a main meal... MONDAY

Southern Style Chicken Strips in a Wrap with Potato Wedges (G)
 (v)(h) Cheese and Baked Bean Pasty with Potato Wedges (G,D)

On the side...
 Fresh Salad Bar
 Vegetables of the Day

For dessert...
 (v)(h) Chocolate Orange Cookie with Orange Wedges (G)
 (v) Yoghurt (D) or Fresh Fruit

Choose a main meal... TUESDAY

Beef Burger in a High Fibre Bun with Crispy Diced Potatoes (G,SB,SU)
 (h)(v) Cheesy Tomato Pasta Bake with Freshly Baked Wholegrain Baguette (D,G)

On the side...
 Fresh Salad Bar
 Vegetables of the Day

For dessert...
 (vg)(h) Shortbread (G)
 (v) Cheese Crackers and Apple Wedge (G,D)
 Fresh Fruit

Choose a main meal... WEDNESDAY ROAST

British Roast Pork Loin, Apple Sauce and Gravy
 (vg) Quorn Roast with Gravy (G)
 Crispy Roast Potatoes

On the side...
 Fresh Salad Bar
 Vegetables of the Day

For dessert...
 (v)(h) Apple and Cinnamon Charlotte with Custard (G,SU,D)
 (v) Strawberry Swirl Mousse (D)
 Fresh Fruit

Choose a main meal... THURSDAY

(h) Mild and Creamy Chicken Korma with Wholegrain rice (D)
 (vg) Quorn Dippers with Seasoned Wedges (G)

On the side...
 Fresh Salad Bar
 Vegetables of the Day

For dessert...
 (v) Pancakes with Fruit (G,D,E)
 (v) Yoghurt (D) or Fresh Fruit

Choose a main meal... FISHY FRIDAY

(msc) Fish Fillet Fingers (G,F) with Chipped Potatoes
 (v) Plantball Meit with Chipped Potatoes, prawns in a finger roll topped with rustic tomato sauce and grated cheese (G,D)

On the side...
 Fresh Salad Bar
 Peas or Baked Beans

For dessert...
 (v)(h) 'School Favourite' Sprinkles Sponge Cake (G,E)
 (v) Yoghurt (D) or Fresh Fruit

Fruit Cordial or Fruity Water from the Hydration Station, Semi Skimmed Milk & Fresh Bread are also offered daily
 Vegetable accompaniments change to reflect seasonal availability.

ALLERGEN KEY
 G = Gluten / Wheat
 Vp = Vegan
 V = Vegetarian
 H = Halal
 D = Dairy
 M = Mustard
 S = Sulphites
 E = Egg
 SU = Sunflower
 SB = Soy



Allergies
 Please contact your school cook for information regarding the content of dishes and products on our menu.

Aug-24

					1	2	3	4
5	6	7	8	9	10	11	11	11
12	13	14	15	16	17	18	18	18
19	20	21	22	23	24	25	25	25
26	27	28	29	30	31			

Sep-24

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9	10	11	12	13	14	15		
16	17	18	19	20	21	22		
23	24	25	26	27	28	29		
30								

Oct-24

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7	8	9	10	11	12	13			
14	15	16	17	18	19	20			
21	22	23	24	25	26	27			
28	29	30	31						

Nov-24

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18	19	20	21	22	23	24			
25	26	27	28	29	30				

Dec-24

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9	10	11	12	13	14	15			
16	17	18	19	20	21	22			
23	24	25	26	27	28	29			
30	31								

Jan-25

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13	14	15	16	17	18	19			
20	21	22	23	24	25	26			
27	28	29	30	31					

Feb-25

							1	2	
3	4	5	6	7	8	9			
10	11	12	13	14	15	16			
17	18	19	20	21	22	23			
24	25	26	27	28					

Mar-25

							1	2	
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17	18	19	20	21	22	23			
24	25	26	27	28	29	30			
31									

Apr-25

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28	29	30							

May-25

				1	2	3	4		
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12	13	14	15	16	17	18			
19	20	21	22	23	24	25			
26	27	28	29	30	31				

Jun-25

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16	17	18	19	20	21	22			
23	24	25	26	27	28	29			
30									

Jul-25

		1	2	3	4	5	6		
7	8	9	10	11	12	13			
14	15	16	17	18	19	20			
21	22	23	24	25	26	27			
28	29	30	31						

Aug-25

				1	2	3			
4	5	6	7	8	9	10			
11	12	13	14	15	16	17			
18	19	20	21	22	23	24			
25	26	27	28	29	30	31			

Sep-25

1	2	3	4	5	6	7			
8	9	10	11	12	13	14			
15	16	17	18	19	20	21			
22	23	24	25	26	27	28			
29	30								

Half Term	Days
1	40
2	35
3	30
4	35
5	19
6	36
Total	195

	Total days
Autumn Term	75
Spring Term	65
Summer Term	55

School Holiday
 Public Holiday
 Teacher Training Day (+3 to be set by school)



Secondary School Induction Day

