

# Long Term Plan for Physical Education

**Dance CPD delivered by Fiery Feet specialist Dance Company for each year group to aid progression of skills on Mondays & afterschool club offered.**

**Blue boxes highlight CPD opportunities delivered by D. Partridge/Mr Bevan specialist PE teachers-Warwick School on Tuesdays & afterschool club offered.**

**Tennis by CoolSportz afterschool club offered all year.**

**Mini Movers offer four active lunchtimes to allow achievement of Active 60 in/out of school.**

**Marathon Kids participation available for all year groups during one lunchtime, some playtimes and brain breaks throughout the day.**

**Reception have 'Welly Walks', free flow sessions in outdoor environment, & Finger Gym and Dough Disco to develop gross & fine motor skills.**

		Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
Reception See Also Separate EYFS LTP for More Detail	Cherry	Spatial Awareness Multi- skills & FUNDAMENTALS ABC	Teamwork/sharing skills & Movement	Gymnastics Dance (FF)	Sending & Receiving/Basic Team Games Dance (FF)	Multi- skills/movement & FUNDAMENTALS	Athletics & Yoga
	Willow	Spatial Awareness Multi- skills & FUNDAMENTALS ABC	Teamwork/sharing skills & Movement	Gymnastics Dance (FF)	Sending & Receiving/Basic Team Games Dance (FF)	Multi- skills/movement & FUNDAMENTALS	Athletics & Yoga
Year 1	Chestnut	Multi-skills Fundamentals ABC's Dance (FF)	Handball skills Dance (FF)	Gymnastics Teamwork/ sharing skills	Tag Rugby skills & Yoga	Football skills & Cricket	Tennis & Athletics
	Oak	Multi-skills Fundamentals ABC's Dance (FF)	Handball skills Dance (FF)	Gymnastics Teamwork & sharing skills	Tag Rugby skills & Yoga	Football skills & Cricket	Tennis & Athletics
Year 2	Sycamore	Netball skills	Basketball skills (outdoor) / Handball skills (Indoors) & Yoga	Gymnastics & Fitness Circuits outdoor/indoor	Hockey skills (Outdoor) / Tag rugby skills (Indoor)	Tennis Dance (FF)	Cricket & Athletics Dance (FF)
	Maple	Netball skills	Basketball skills (outdoor) / Handball skills (Indoors) & Yoga	Gymnastics & Fitness Circuits Outdoor/indoor	Hockey skills (Outdoor) / Tag rugby skills (Indoor)	Tennis Dance (FF)	Cricket & Athletics Dance (FF)

**Themes repeated each year so that skills can be developed and revisited in order to build towards the sport games in year 2.**