Who needs prayer?

Just sit quietly and think about who needs help at the moment?

* Do you know someone who is ill?
* Is there someone who is sad and needs comfort?
* Do you know about problems in other parts of our country?
* Do you know about people suffering around the world?

Take a lolly stick to represent that person/people, as you hold it you can think about the person, or people who need help

Put it in a jar to symbolise your prayer or wish for them.

The Bible says:

Do not be anxious about anything, but in

everything, …. present your requests to God.

(Philippians 4)