



Warwick
A Singing
Town

The 12 Gifts of Singing

How singing can support our children as they return to school

Our children have been missing out on essential elements of learning and living during lockdown.

Singing together
can support many
areas of cognitive
development

Singing together
can create an
immediate sense
of community

Singing together
can lift the spirit and
help to create positive
relationships

Singing together
can promote
wellbeing

What is going on when we sing together?



We work together
as a team



We are part of a
shared experience



We support each other



We rely on each other



We have fun



We create community



We develop a sense
of belonging



We make friends



Fireworks are going
off in our brains



Singing is a whole brain activity
and in particular can activate
the auditory cortex, the visual
cortex and the motor cortex



Singing can support
cognitive functions such
as language, maths and
problem solving



Singing supports
memorisation, motor
coordination, self control
and emotional regulation