

What makes you unique and great?

Sometimes when we feel sad or worried we forget about how great and strong we really are. Make a list of all the things that make you unique and great, then if you ever feel worried just pull out your list and be reminded how awesome you are!

1. _____

2. _____

3. _____

4. _____

5. _____



6. _____

7. _____

RESPECT KINDNESS GENEROSITY TRUST PATIENCE PEACE TRUTH
UNDERSTANDING LOVE JOY

